

# When does "big" state function reduction as universal death and re-incarnation with reversed arrow of time take place?

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## Abstract

In ZEO based view about quantum measurement theory as theory of consciousness one has two kinds of state function reductions (SFRs). The ordinary "big" SFRs (BSFRs) and "small" SFRs (SSFRs). BSFR changes the arrow of geometric time and is identified as death of self identified as a sequence of SSFRs, which do not change arrow of time but increase the size of self by keeping passive boundary in place and states at it unaffected but increasing the size of CD by shifting the upper boundary towards future. Both boundaries increase in size. The 3-surfaces at the active boundary form a kind of log file about events in the life of self and - contrary to expectations - the memories are stored to geometric future.

In this article the question under what conditions BSFR takes place is considered using biological death as a starting point. It is found that metabolic conditions dictate its occurrence. The condition that the decay of biomolecules and larger structures in biological death corresponds to their generation for time-reversed re-incarnate gives testable predictions.

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## 1 Introduction

In ZEO based view about quantum measurement theory as theory of consciousness one has two kinds of state function reductions (SFRs) [L2, L7]. The ordinary "big" SFRs (BSFRs) and "small" SFRs (SSFRs) [L9]. BSFR changes the arrow of geometric time and is identified as death of self identified as a sequence of SSFRs, which do not change arrow of time but increase the size of self by keeping passive boundary in place and states at it unaffected but increasing the size of CD by shifting the upper boundary towards future. Both boundaries increase in size. The 3-surfaces at the active boundary form a kind of log file about events in the life of self and - contrary to expectations - the memories are stored to geometric future.

Under what conditions does "big" state function reduction (BSFR) changing the arrow of time take place? I have proposed several ad hoc guesses about this. One example is following. If

the  $h_{eff} = n \times h_0$  assignable to the CD or its active boundary does not change in SSFRs, the entanglement can become such that the diagonalized density matrices does not have eigenvalues in the extension of rationals considered and one can argue that BSFR is forced to occur. The proposal for how the sequence of SSFR could in special case correspond to a sequence of iterations for a polynomial of degree  $n$  [L8] is however in conflict with the constancy of  $n$ .

The hypothesis is that BSFR corresponds to the death of self followed by re-incarnation with opposite arrow of geometric time in universal sense. This suggests that one should look what one can learn from what happens in the death and birth of biological organism, which should now take in opposite arrow of time. It is found that metabolic conditions dictate its occurrence. The condition that the decay of biomolecules and larger structures in biological death corresponds to their generation for time-reversed re-incarnate gives testable predictions.

## 2 Under what conditions does BSFR take place and what happens in it?

In the following the question under what conditions “Big” state function reduction (BSFR) takes place and what happens in it.

### 2.1 Two kinds of state function reductions

The discussion however requires the basic ideas of ZEO as background.

#### 2.1.1 “Small” state function reductions (SSFRs)

Small state function reductions (SSFRs) are counterparts of so called “weak measurements”, which are rather near to classical measurements in the sense that nothing drastic happens.

1. The passive boundary of CD does not shift but changes in size because active boundary shifts and this induces change of size. For state pairs defining zero energy states the members at passive boundary do not change and the coefficients of possibly time-entangled state defined as their superposition do not change. The members of state pairs at active boundary change and this change is induced by unitary time evolution between two SSFRs. This time evolution could be regarded as a generalization of adiabatic time evolution.
2. In statistical sense the active boundary shifts towards future and the size of CD increases. The temporal distance between the tips defines clock time in one-one correspondence with SSFRs. Note that the unitary evolution forms a superposition of CDs with different sizes and SSFR means localization to single CD size.
3. The moment “Now” of self would naturally correspond to the  $M^4$  hyper-plane dividing CD into two pieces of identical size. The radius of this 3-ball would be  $r = T/2$ , where  $T$  is the temporal distance between the tips of CD. At this hyperplane expansion of 3-ball with light-velocity would transform to contraction.
4. The mental images of self would correspond sub-CDs and also they would shift towards geometric future in the sequence SSFRs. They would form a kind of log file about the life history of self such that geometric time order would be opposite to subjective time order. Self could remember these experiences by sending signals to geometric future reflecting back in time direction - seeing in time direction would be in question.

What is in sharp conflict with natural expectation is that the memories would be stored in geometric future and part of them would become un-changing permanent part for the time reversed re-incarnation of self- kind of Karma.

Note however that self might have also mental images represented as sub-CDs in geometric past.

$M^8 - H$ -duality suggests space-time picture about the “log files”.

1. 4-D space-time surfaces in complexified  $M^8$  having interpretation as complexified octonions are 4-D roots for octonion valued polynomial obtained as an algebraic continuation of a real polynomial with rational or even algebraic coefficients.  $M^8 - H$  correspondence maps these surfaces to minimal surfaces with 2-D singularities in  $H$  [L5, L4].
2. Besides this one obtains for any polynomial also special solutions as analogs of branes in M-theory. They have topology of 6-D ball and their projection to  $M^4$  is  $t = r_n$  hyperplane intersecting CD and with topology of 3-ball.  $r_n$  is a root of  $P$  and thus an algebraic number. I have called  $t = r_n$  “very special moments in the life of self”. Generalized vertices for particle reactions would correspond to partonic 2-surfaces localized at these 6-surfaces. At these surfaces incoming and outgoing partonic orbits would be glued together along their ends. The roots define positions of external particles at the boundaries of CD.
3. In SSFRs these balls at the active half of CD would shift towards future and new roots would emerge. These roots would define a geometric representation of the memories of CD as “log file” increasing in size. If there are sub-CDs associated with them, one would have mental images shifting towards future.

### 2.1.2 “Big” state function reductions (BSFRs)

“Big” state function reductions (BSFRs) correspond to ordinary state function reductions (SFRs) in ZEO. In BSFR the roles of active and passive boundaries of CD are changed and the arrow of geometric time changes since the formerly passive boundary starts to shift to opposite time direction. State function reduction not commuting with the observables defining states at passive boundary as their eigenstates would take place and the state at passive boundary would be changed. It would be however fixed by quantum dynamics. The findings of Mineev et al provide support for the change of the arrow of time in ordinary SFR [L3].

The passive boundary can be shifted towards future so that the size of CD would decrease. One can say that the re-incarnate would be experience childhood. Note that also part of the “log file” about often personal experiences of self towards end of its life defining the permanent part of self-hood of the re-incarnate would disappear. The interpretation in terms of Karma is suggestive.

**Remark:** During a discussion with Marko Manninen, Marko noticed that people who have had near death experience often report that they experienced their entire life like a film during these moments. Could the “log file” representing stored mental images give rise to this experience at the moment of death?

## 2.2 What happens in biological death from TGD perspective?

What happens in biological death can be taken as a guideline in attempts to understand what happens in BSFR.

1. Death certainly occurs if there is no metabolic energy feed to the system. Metabolic energy feed is guaranteed by nutrition using basic molecules as metabolites. Since the increase of  $h_{eff}$  quite generally requires energy if other parameters are kept constant and since the reduction of  $h_{eff}$  can take spontaneously, the metabolic energy is needed to keep the distribution of values of  $h_{eff}$  stationary or even increase it - at least during the growth of organism and perhaps also during the mature age when it would go to increase of  $h_{eff}$  at MB.

If the size of CD for at least MB correlates with the maximum value of  $h_{eff}$  or its average, the size of CD cannot grow and can be even reduced if the metabolic energy feed is too low. The starving organism withers and its mental abilities are reduced. This could correspond to the reduction of maximum/average value of  $h_{eff}$  and also size of CD.

One can argue that if the organism loses metabolic energy feed or is not able to utilize the metabolic energy death and therefore also BSFR must take place.

2. In ZEO self-organization reduces to the second law in reversed direction of geometric time at the level of MB inducing effective change of arrow of time at the level of biological body [L6]. The necessary energy feed correspond to dissipation of energy in opposite time direction. In biological matter energy feed means its extraction from the metabolites fed to the system.

One could say that system sends negative energy to the systems able to receive it. A more precise statement is that time reversed sub-system dissipates and metabolites receive the energy but in reversed time direction.

In living matter sub-systems with non-standard arrow of time are necessary since their dissipation is needed to extract metabolic energy. The highest level dissipates in standard time direction and there must be a transfer of energy between different levels. This hierarchy of levels with opposite arrows of geometric time would be realized at the level of MB.

### 2.3 Death as a re-incarnation with opposite arrow of time

These observations suggest that one should consider the reincarnation with opposite arrow of time with wisdom coming from the death of biological systems.

1. We know what happens in death and birth in biological systems. What happens in biological death should have analogy at general level. In particular, in death the decay of the system to components should occur. Also the opposite of this process with reversed arrow of time should take place and lead at molecular level to the replication of DNA and RNA and build-up of basic biomolecules and at the cell level to cell replications and development of organs. How these processes could correspond to each other?
2. The perceived time corresponds to the hyperplane  $t = T/2$  dividing CD to parts of same size. Here  $T$  is the distance between the tips of CD and therefore to maximal diameter of temporal slice of cd, which is 3-ball. The part of CD above it shifts towards future in SSFRs. In BSFR parts of the boundary of space-time surfaces at the active boundary of CD become unchanging permanent parts of the re-incarnate - kind of log file about the previous life. One can say that the law of Karma is realized.

If CD decreases in size in BSFR the former active boundary keeps its position but its size as distance between its tips is scaled down:  $T \rightarrow T_1 \leq T$ . The re-incarnate would start from childhood at  $T - T_1/2$  and would get partially rid of the permanent part of unchanging self-hood corresponding to interval  $[T - T_1/2, T/2]$  so that the permanent part of reincarnate would correspond to  $[T - T_1/2, T]$ . Reincarnate would start almost from scratch, so to say. The part between  $T - T_1/2$  and  $T$  would be preserved as analog of what was called BIOS in personal computers.

3. At the moment of birth CD possibly would thus decrease in size and the former passive boundary now in the range  $[T - T_1/2, T - T_1]$  and lower tip of new CD at  $T - T_1$  would become active and the seat of sensory experience. Arrow of time would change. Where the analog of biological decay is located? The region of CD in the range  $[T/2, T - T_1/2]$  disappearing from "log file" is the natural candidate. This region is also the place, where the events related to birth in opposite time direction should take place.
4. The decay of the organism should therefore correspond to the development and birth of re-incarnated organism at the level of MB (it must be also remembered that genuine time reversal takes place at the level of MB and induces only effective time reversal at the level of ordinary bio-matter). The decay of organism dissipates energy in standard time direction: this energy could be used by the re-incarnate as metabolic energy. How long lasting biochemical processes have effective time reversals depends on the quantum coherence scale determined by the size scale of corresponding CD.

### 2.4 Could the re-incarnations with opposite arrow of time be seen in bio-chemistry?

The possible occurrence of effective time reversals at the level of bio-chemistry could be perhaps tested experimentally.

1. Could the replication of DNA and RNA and build-up of various bio-molecules be effective time-reversals for their decays. Could the same apply to the replication of cells and generation of organs. Replication of DNA is self-organization process in which second DNA strand serves

as a template for a new one. The decay of DNA should therefore involve two DNA strands such that the second DNA strand serves as a template for the effectively time reversed replication. The double strand structure indeed makes possible for the other strand to decay first. Cell replication should use another cell as replicate and same would happen in the cell decay.

2. An interesting mental exercise is to imagine the time reversals of various basic processes like transcription and translation. In the time reversal of translation of mRNA to amino-acid sequence the amino-acid sequence and mRNA would return to ribosome machinery, and amino-acid and tRNA codon associated with tRNA would return to form tRNA. mRNA strand would shift one step backwards and the process would repeat itself and finally mRNA strand would return to open DNA strand. In the time reversal of transcription of DNA to mRNA, mRNA strand would return to open part of DNA strand, decay to RNA codons and eventually DNA strand would close. It should be easy to check whether these processes really occur in the decay process.
3. The formation of stem cells involves de-differentiation. Could it mean time reversal of the entire process leading to a differentiated cell? Also this idea could be tested.

In biology pairs of various structures often occur. Could they correspond in some sense to effective time reversals of each other whereas at the level of magnetic body one would have genuine time reversals

1. Could the opposite inherent chiralities of MBs of DNA strands correspond to opposite arrows of time at the level of MB of DNA realizing dark genetic code [L1]? Could this be seen as a kind of explanation for the double strand structure of DNA. Could the passivity of DNA strand with respect to transcription correspond to opposite arrow of time at the level of MB? Could the passive strand become active in time reversal?
2. Even brain has this kind of pairing. Right brain hemisphere is passive in the sense that it does not seem to contribute to wake-up intelligence (presumably identified as analytic intelligence). Could either hemisphere serve as a template in the development of brain or could this happen only at the level of MB of brain? Could different time arrows at the level of MB be used to understand the strange passive character of right brain and could one understand the holism of right brain *viz.* analytic reductionism of left brain as reflection of the fact that dissipation as decay corresponds to time reversal for self-organization generating structures at the level of MB.

## 2.5 What about ordinary re-incarnation?

A couple of comments relating to the notion of re-incarnation in standard sense are in order.

1. Eastern philosophies talk about the possibility of liberation from Karma's cycle. Can one imagine something like this? The above picture would suggest that in this kind of process the reduction of the size of CD does not occur at all and therefore there would be no decay process equivalent to the growth of time reversed organism. This would serve as an empirical signature for the liberation - if possible at all. CD would continue to increase in size or perhaps keep its size. It would seem that a new kind of non-biological source of metabolic energy would be needed.
2. Reincarnation is a basic notion in Eastern philosophies. In ordinary reincarnation person has memories about life of a person, who lived earlier. There is evidence for this. This cannot be understood in terms of time reversed re-incarnation.

Recall that there would be a hierarchy of selves and corresponding CDs within CDs. It has remained an open question whether CDs could also overlap? Could re-incarnation in ordinary sense be explained in terms of this kind of overlap?

Suppose that one has two overlapping CDs:  $CD_1$  and  $CD_2$  and that  $CD_2$  extends farther to the future of  $CD_1$ . The sub-CDs of  $CD_1$  shift to future as the active part of  $CD_1$  shifts to

future and increases in size giving rise to a kind of log file defining the personal memories of  $CD_1$ . In this kind of situation the mental images of  $CD_1$  can enter to  $CD_2$  and become mental images of  $CD_2$ . This would be sharing of mental images but in different sense as compared to the fusion of mental images by entanglement, which could also require intersection of sub-CDs of mental images.

Could one imagine that the cosmos is full of selves serving as counterparts of memes wandering around and finding for selves hosting them by providing metabolic energy? Note that ZEO means that CD center of mass degrees of freedom do not carry any conserved quantum numbers so that the motion of these lonely CDs would not be restricted by conservation laws!

3. This picture suggests that CD:s form a conscious fractal atlas consisting of charts with various resolutions analogous to the atlas defining a covering of manifold by open sets. The earlier proposal was that in biological death MB redirects its attention to a new system. This picture would be modified: the MB of  $CD_1$  would still attend the time-reversed system and experience time-reversed life. Some sub-CDs of  $CD_1$  would however belong to a new CD in its geometric future -  $CD_2$ . This conforms with the intuitive expectation that space-time surfaces continue outside CD and only the perceptive field of conscious entity is restricted to CD.
4. Mental images should correspond to sub-selves and therefore sub-CDs of CD. Contrary to what I have proposed earlier, it seems that after images cannot correspond to BSFR type re-incarnations of mental images nor re-incarnations in standard sense.

Mental images would shift towards the future together with active part of CD and form a kind of log file. Could after images be memories of previous mental images involving a signal time reflect from the mental image in log file and creating the after image as a sensory memory of the earlier visual mental image? Or could one understand after images in terms of propagation of dark photon signals along closed magnetic loops giving rise to periodically occurring mental images.

In [L8] I discussed how the evolution of self by BSFRs could correspond to a transition to chaos as iteration of the polynomial defining the space-time surface. The proposed picture was that the evolution by SSFRs corresponds to iteration of a polynomial  $P$  assignable to the active boundary of CD. This would predict a continual increase of the degree of the polynomial involved. This is however only one possibility to interpret the evolution of self as iteration leading to chaos.

1. One could argue that the polynomial  $P_{nk} = P_n \circ \dots \circ P_n$  associated with the active boundary remains the same during SSFRs as long as possible. This because the increase of degree from  $nk$  to  $n(k+1)$  in  $P_{nk} \rightarrow P_{nk} \circ P_n$  increases  $h_{eff}$  by factor  $(k+1)/k$  so that the metabolic feed needed to preserve the value of  $h_{eff}$  increases.

Rather, when all roots of the polynomials  $P$  assignable to the active boundary of CD are revealed in the gradual increase of CD preserving  $P_{nk}$ , the transition  $P_{nk} \rightarrow P_{nk} \circ P_n$  could occur provided the metabolic resources allow this. Otherwise BSFR occurs and self dies and re-incarnates. The idea that BSFR occurs when metabolic resources are not available is very natural for this option.

2. Could  $P_{nk} \rightarrow P_{nk} \circ P_n$  occur only in BSFRs so that the degree  $n$  of  $P$  would be preserved during single life cycle of self - that  $n$  can increase only in BSFRs was indeed the original guess.

While writing this article I learned about a highly interesting claim (<https://tinyurl.com/yap8ss4p>) made by the research group led by Harold Katcher. The claim is that the epigenetic age (there are several measures for it such as methylation level of DNA) of rats has been reduced up to 50 percent. The theory goes that epigenetic age of molecules would be controllable by hormonal signalling globally.

BSFR would mean death of conscious entity and its reincarnation with opposite arrow of time. The system would rejuvenate in the transition starting a new life in opposite time direction from childhood so to say - rejuvenation would be in question. Doing this twice would lead to life with

original arrow of time but starting in rejuvenated state. The claim of the group suggests that living matter could do this systematically using hormonal control.

## 2.6 Conditions on the periods with reversed arrow of time

The following assumptions are made about what happens in BSFR.

1. Causal diamond (CD) is a correlate for self. CD is obtained by gluing together two identical half-cones along their bottoms. Moment "Now" corresponds to the largest hyperplane  $T_{now} = T$  (origin of time coordinate is at either (call it "lower") tip of CD) .
2. During the sequence of SSFRs defining self, the 3-surfaces at the passive boundary of self are fixed although their 4-D tangent space changes and corresponds to the unchanging part of selfhood - soul one might say. The opposite active boundary of CD and 3-surfaces at it change and shift towards geometric future. This gives rise to wake-up consciousness involving sensory input and thoughts, emotions etc. induced by it. Each SSFR is preceded by the analog of unitary time evolution.
3. BSFR means a death of self (subself) and its reincarnation with an opposite arrow of time. One can equally well speak about the analog of falling in sleep and waking up after that for some level of hierarchy of selves. The self born in the death of the self with an opposite arrow of time self has no direct memories about the state. Self can however have memories about dreams in which part of say brain is awake. These memories store information about what self experienced during the sleep.

In BSFR the active boundary of the CD becomes passive and is frozen. The size of CD is scaled down so that CD becomes small: this implies that the reincarnated self has a childhood and much of the memories - often not pleasant - stored near the active boundary as sub-selves living forth and back as conscious entities disappear. The surviving memories of self become "silent wisdom" of the reincarnated self.

4. If CD belongs to a larger CD, call it  $CD_{super}$  representing a larger unit of consciousness, the sub-CDs must shift to the same direction as the active boundary of  $CD_{super}$ . Otherwise the sub-CDs would drop from the flow of consciousness. This is analogous to co-movement of matter in cosmology.

Note that the mental images of self correspond to sub-CDs around  $T_{now}$  and shift towards geometric future as CD increases and new mental images emerges at  $T_{now}$  plane: by  $M^8 - H$  correspondence these special moments in the life of self correspond to roots of the polynomial defining space-time surface and reside are the upper half-cone of the CD. As CD increases, new roots pop up inside the upper half-cone near the  $T_{now}$  hyper-plane for some particular SSFRs. Completely counterintuitively, the mental images about past experiences are therefore in the geometric future of  $T_{now}$  hyperplane!

The proposed picture must be consistent with everyday experience. Call the two periods of self sleep wake-up and sleep label the two different BSFRs by "sleep" and "wake-up".

1. In each SSFR CD size increases - at least in statistical sense this implies that  $T$  grows. Each SSFR corresponds to a scaling for the CD shifting its active boundary towards the geometric future. During its life cycle CD experiences scaling  $\Lambda$ :

$$T_{now} \rightarrow T_{now, sleep_1} = \Lambda(SSFR)T_{now} \quad , \quad \Lambda(SSFR) > 1 \quad .$$

2. When the system falls in sleep the size of CD is scaled down so that also the value of  $T_{now}$  is scaled down by  $\Lambda_{BSFR} < 1$ :

$$T_{now, sleep_2} = (1 - \Lambda(BSFR))2T_{now, sleep_1} = (1 - \Lambda(BSFR))\Lambda(SSFR)2T_{now} \quad , \quad \Lambda(BSFR) < 1 \quad .$$

After that the CD begins to increase in size by small scalings in SSFRs to opposite time direction and  $T_{now}$  begins to decrease from its value  $T_{now, sleep}$  begins to decrease.

3. If CD belongs to a bigger CD - call it super-CD - representing a larger unit of consciousness with a longer life cycle, one can argue that the CD must shift to the same direction as the larger CD increases. Otherwise the CD would drop from the flow of consciousness defined by super-CD. This is analogous to co-movement of matter in cosmology. Therefore a given life cycle corresponds also a shift  $\Delta T$  of sub-CDs towards the growth direction of super-CD takes place and one has for the time coordinate  $T_{super,now}$  of the super-CD. Therefore one must perform shift  $T \rightarrow T + \Delta T$  for  $T_{now,sleep_1}$  and  $T_{now,sleep_2}$  to take into account the drifting. This gives for the moments "Now" before and after the shrinking of CD in BSFR (falling asleep):

$$T_{super,now,sleep_1} = T_0 + T_{now,sleep_1} + \Delta T \quad ,$$

$$T_{super,now,sleep_2} = T_0 + (1 - \Lambda(BSFR))2T_{now,sleep_1} + \Delta T \quad .$$

4. Similar formula holds true for the moment of wake-up. In the previous formula  $T_{now}$  is replaced with  $T_{now,sleep_2}$  and one has

$$T_{super,now,wakeup_1} = T_0 + \Lambda^1(SSFR)T_{now,sleep_2} + \Delta T^1 \quad ,$$

$$T_{super,now,wakeup_2} = T_0 + (1 - \Lambda^1(BSFR))\Lambda^1(SSFR)2T_{now,sleep_2} + \Delta T^1 \quad .$$

The parameter  $T_0$  depends on the choice of the origin of time for super-CD but is irrelevant.

One can deduce a consistency condition for the parameters of the model.

1. During the sleep period the time coordinate  $T_{super,now}$  for moment "Now" in the coordinates of larger CD changes in the following manner:

$$\begin{aligned} T_{super,now,sleep} &= T_0 + T_{now,sleep_1} \rightarrow T_{super,now,wakeup} \\ &= T_0 + \Lambda^1(BSFR)T_{super,now,sleep_2} + \Delta T^1 \quad . \end{aligned}$$

$T_0$  is an irrelevant parameter associated with super-CD. Note that there is breaking of time reversal symmetry since self associated with  $CD_{super}$  has fixed arrow of time unlike CD. Hence  $\Delta T$  has at least in a statistical sense the same sign irrespective of the arrow of time of self.

2. This picture should be consistent with what we observe. When the tired average self fall a sleep at the evening, it wakes wake-up at the morning and is full of energy. Quite generally, wake-up occurs after time  $\Delta T(sleep)$  meaning that the value of time  $T_{super}$  has increased by

$$T_{super,now,wakeup} = T_{super,now}(sleep_1) + \Delta T(sleep) \quad .$$

These two expressions for the value of  $T_{super,now}(wakeup)$  must be consistent and this gives a conditions on the parameters involved:

$$\begin{aligned} &(1 - \Lambda^1(BSFR))\Lambda^1(SSFR)2T_{now,sleep_1} + \Delta T^1 \\ &= T_{now,sleep_1} + \Delta T + \Delta T(sleep) \quad . \end{aligned}$$

$\Delta T(sleep)$  is given by

$$\Delta T(sleep) = [(1 - \Lambda^1(BSFR))\Lambda^1(SSFR)2 - 1]T_{now,sleep_1} + \Delta T^1 - \Delta T \quad .$$

Intuitively it seems clear that for a given arrow of time it is not possible to wake-up before one falls asleep, and the condition  $\Delta T(sleep) > 0$  for the standard arrow of time gives a constraint on the parameters. One cannot however exclude the possibility of time travel



without dying or falling asleep first of the duration of time travel is much longer than that of wave-up period:  $\Delta T^{(1)} - \Delta T$ .

A special solution corresponds to  $\Delta T(\text{sleep}) = \Delta T^{(1)} - \Delta T$  and  $(1 - \Lambda^1)(BSFR)2\Lambda^1(SSFR) = 1$  giving  $T_{\text{now}, \text{sleep}_2} = T_{\text{now}}$ .

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